LUNCH

THURSDAY, NOVEMBER 12, 2026

JACKED UP CHICKEN

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
453	945mg	26g	17g	4g	70mg	0g

MEATLOAF

made with GF ingredients

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
250	350mg	23g	15g	6g	60mg	1g

BBQ GLAZED MEATLESS MEATLOAF

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
200	566mg	21g	2g	25g	6mg	6g

RASTA PASTA

coconut milk & oil

made with GF ingredients

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
375	485mg	7g	18g	46g	0mg	3g

contains wheat
contains egg
contains milk
vegetarian
vegan
contains pork
contains fish
contains shellfish
contains nuts
ask about allergen

DINNER

THURSDAY, NOVEMBER 12, 2026

BEEF FAJITA

tortilla

GF corn tortilla available

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
320	550mg	25g	15g	21g	41mg	2g

CHICKEN FAJITA

tortilla

GF corn tortilla available

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
210	840mg	20g	5g	21g	45mg	2g

VEGGIE FAJITA

tortilla

GF corn tortilla available

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
105	450mg	7g	4g	10g	0mg	4g

contains wheat
contains egg
contains milk
VG vegetarian
V vegan
contains pork
contains fish
contains shellfish
contains nuts
A ask about allergen